

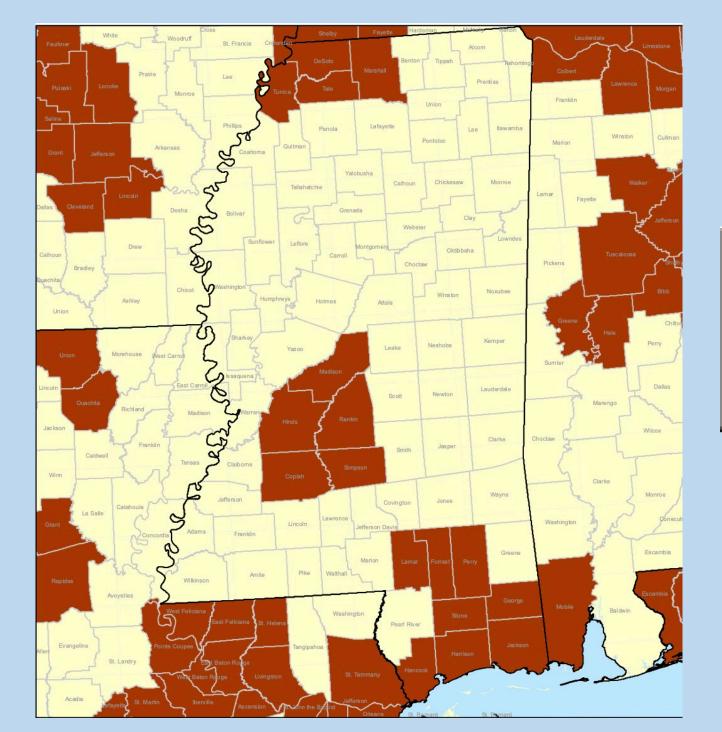
TeleNeurology: Telehealth Specialty Support for Neurology Inpatients at a Rural Mississippi Hospital Shreyas Gangadhara MD¹, Lindsey Kuiper PhD², Neil Maneck MS², Cheryl LaSource RN², Saurabh Chandra MD PhD²

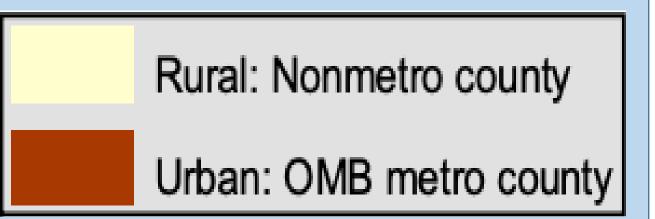
¹Department of Neurology, ²Center for Telehealth, University of Mississippi Medical Center



#### INTRODUCTION

# Limited Access to Neurologists





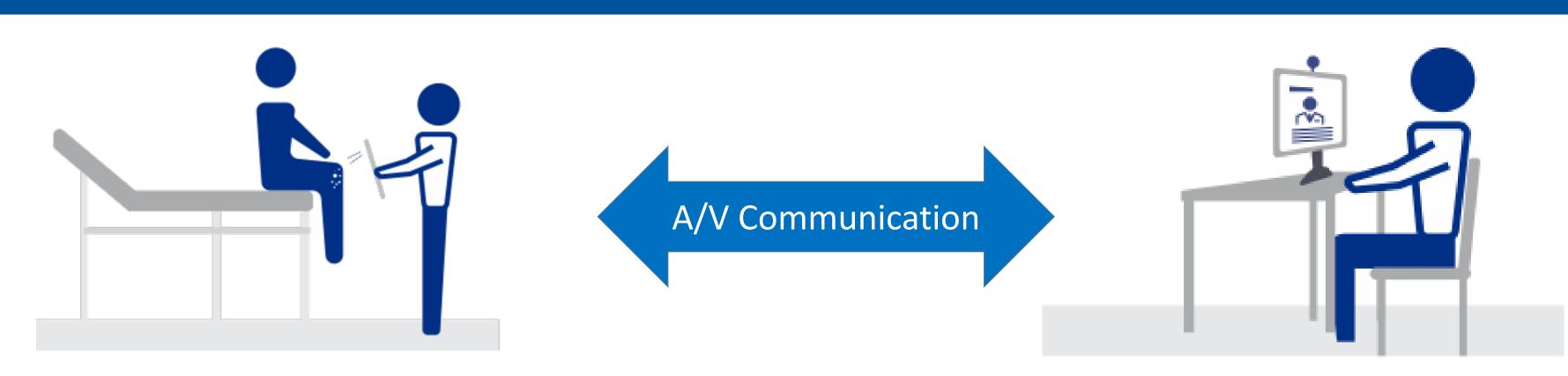
## Mississippi Demographics

- Over half (54%) of Mississippians live in a rural or nonmetropolitan area.
- Recruitment and retention of neurologists in rural MS is a challenge and barrier to access.

### AIM

- Explore the feasibility of bridging gaps in bedside Neurologist availability using Telehealth
- For inpatient consultations, UMMC
   collaborated with South Central Regional
   Medical Center in Laurel, MS to implement a
   hybrid care model (~15 days of inpatient
   consult service provided by bedside
   Neurologist each month and ~15 days of
   inpatient consult service provided by
   remote UMMC 'TeleNeurologists').

#### METHODS AND RESULTS



- Inpatient Neurology Service at South Central Regional Medical Center
- Rounding facilitated by NPs
  10-15 days / month

- 8 remote neurologists at UMMC
  - Access to EMR
  - Access to PACS
  - Block schedule

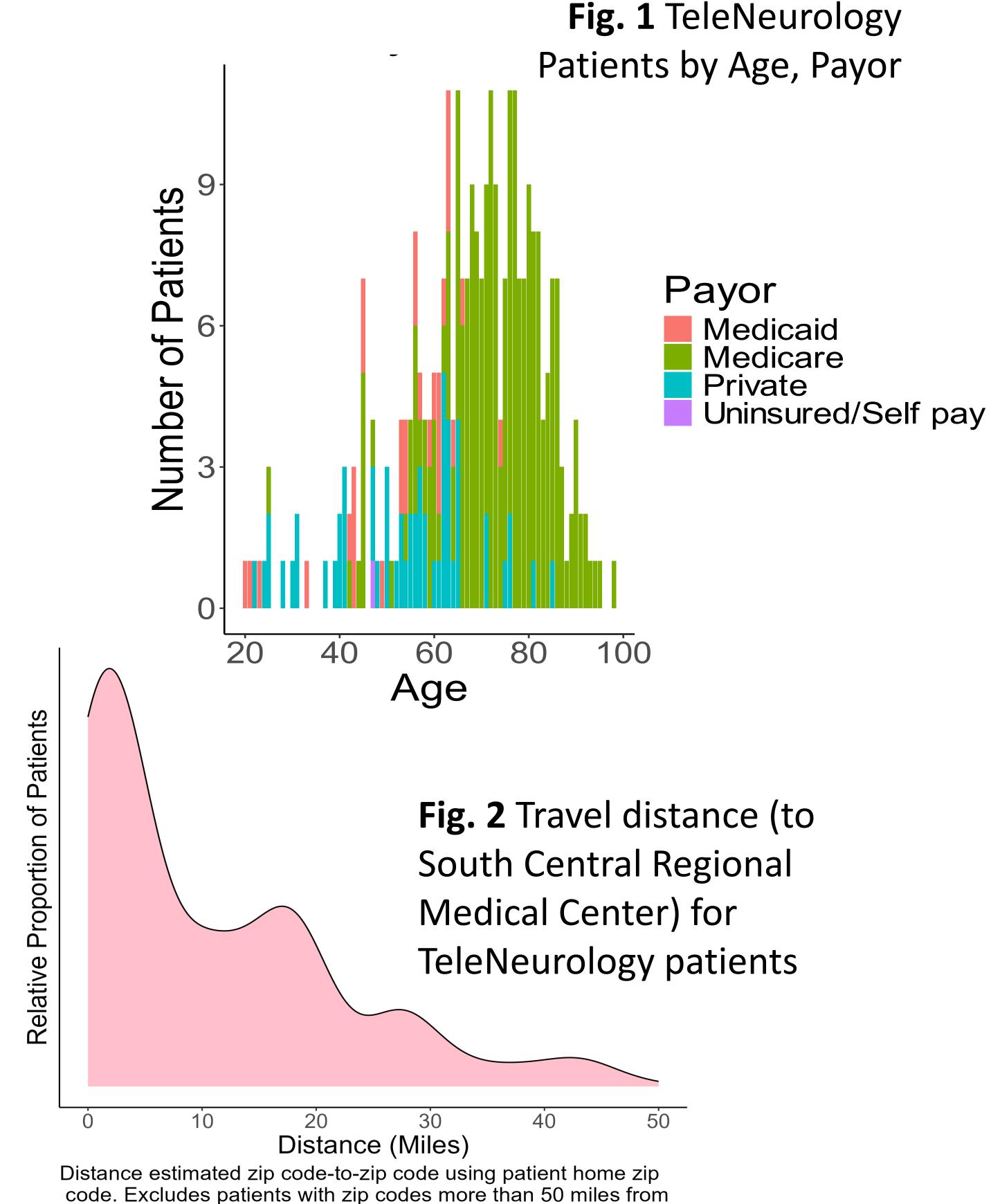
#### Retrospective chart review; study period January – December 2023.

<u>Characteristic</u>	$N = 300^1$	Neurolog
Age	69 (59, 78)	11001102
Sex		
Female	140 (47%)	E
Male	160 (53%)	
Race		
Black	125 (42%)	Par
White	172 (57%)	
Other	3 (1.0%)	
Payor		Alzl
Medicaid	30 (10%)	Mı
Medicare	212 (71%)	1D
Private	57 (19%)	<sup>1</sup> Percent of T
Uninsured/Self pay	1 (0.3%)	More Than C
Lives in Rural County <sup>2</sup>	294 (98%)	Possible
<sup>1</sup> Median (Q1, Q3); n (%)		
<sup>2</sup> As defined by HRSA		<sup>2</sup> n (%)

**Table 1**: Patient Demographics

Neurological Diagnosis <sup>1</sup>	$N = 605^2$		
Stroke	173 (29%)		
Encephalopathy	150 (25%)		
Epilepsy	144 (24%)		
Dementia	49 (8.1%)		
Parkinson Disease	6 (1.0%)		
Migraine	12 (2.0%)		
Alzheimer Disease	5 (0.8%)		
Multiple Sclerosis	3 (0.5%)		
<sup>1</sup> Percent of Total Teleneurology Consults, More Than One Diagnosis Per Consult Possible			

**Table 2**: Diagnoses related to neurology consults



#### CONCLUSION

- TeleNeurology inpatient consults can bridge the gap in service and may reduce interfacility transfers for specialty care.
- Future research is necessary to evaluate the long-term clinical outcomes and Financial ROI.

South Central (11 patients).